



LAMBTON HIGH SCHOOL SPORT POLICY – REVISED 2017

PROGRAM OBJECTIVES

The Lambton High School Sport Program is aimed at ensuring the provision of opportunity to all students to develop and enrich their lives through participation in sport and physical activity. The school aims to provide an environment where a student may follow a pathway to sports participation and, if so motivated, to representative level opportunities.

The objectives of the LHS Sport Program are to:

1. Encourage lifelong participation in sport for all students
2. Provide a supportive environment for enjoyable participation in a wide variety of physical activities
3. Provide the safest possible environment for the conduct of sport at Lambton High School
4. Provide for the allocation of appropriate resources and facilities
5. Provide opportunities for students to participate in representative sport.

PROGRAM RATIONALE

Sport is a compulsory component of the school curriculum for Years 7 to 10 and is optional for Year 11 & 12 students. Along with the opportunity to participate in sporting carnivals and school representative teams, students at LHS will participate in school sport each week. Sport for Year 7 students is integrated into the timetable, allowing for students to experience a range of sporting opportunities within a familiar context. Years 8-10 undertake their sport program on each Wednesday between 1.30pm and 3.00pm. Sport should be viewed as an integral part of a student's education and is organised to satisfy the following objectives:

- To encourage the enjoyment of physical activity and the acquisition of motor skills
- To develop a sense of personal achievement
- To allow opportunities for controlled emotional involvement in competition
- To provide for the development of personal identity through participation in sport
- To encourage social interaction in team environments
- To introduce leisure and recreational activities for immediate and long term pursuit
- To develop physical fitness and promote healthy lifestyle habits
- To provide students with enrichment opportunities to better pursue sporting interests or talent identified areas
- To inspire student loyalty to their House Group through participation and competition in whole school events such as swimming, athletics and cross country carnivals.
- To present to the community a set of school values involving respect, responsibility, courtesy and pride in the school and to showcase the quality and depth of our school's curriculum.

PERFORMANCE DESCRIPTORS

The effectiveness and enhancement of the LHS sport program will be analysed against the following criteria:

- Maintenance of an equitable number of sports offered in the Year 8-10 weekly program that incur costs or are free
- Increased participation at each of the three whole school Sports Carnivals
- Maintenance of participation levels in City Zone and CHS competitions, as well as equalising the opportunities for participation for both sexes
- Whole school compliance to sports uniform during school representative sport
- Reduction in the numbers of students attending non-sport (prep)
- Increase in professional development opportunities for staff, particularly those outside the PDHPE faculty, in areas of sport supervision.

POLICY REVIEW

Review of the LHS Sport Policy should be undertaken in response to changes in policy or procedures initiated by DEC, or when specific circumstances in present school operations highlight the need to alter policy. This review process should be initiated by the Sports Organiser in consultation with relevant stakeholders and be referred to the Principal for refinement and endorsement.

SCHOOL SPORT

Program Format

The program is structured to allow the aims and outcomes stated in the rationale to be achieved. The program varies from Year 7 to Year 12.

Year 7:

- Introduction to major team games and recreation activities
- Sport is conducted as a set program as determined by the PDHPE Head Teacher and is integrated into the weekly student timetable
- Restricted entry to Zone and CHS teams with opportunities provided for interschool competitions and gala day events with other schools
- Compulsory attendance required at Carnivals.

Years 8-10:

- Students are able to select own sports
- Students can choose either a paying or non-paying sport
- Students are allocated sports preferences in line with choices indicated at the sports selection meetings
- Within the above guideline, students of the higher year group will receive first priority with allocations
- All students have opportunity to engage in Zone and CHS competitions, depending on age restrictions of the competition
- Sport to take place on a Wednesday afternoon, starting at 1.13pm and finishing at 3.00pm
- Compulsory attendance required at Carnivals.

Years 11 & 12

- Not permitted to attend Wednesday sport

- Opportunity to compete in CHS competitions
- Compulsory attendance required at Carnivals.

All sports offered will comply with the requirements and conditions as set down in the School Sport Policy document issued by the Department of Education and Communities.

Non-Sport (Prep)

Any student who, by virtue of an illness or injury is unable to participate in sport is to attend Non-Sport. This includes students who have not bought money for payment sports. This group will be supervised in a room, usually B2, during the Wednesday afternoon sport time. These students must present a note to the Sports Organiser or Non-Sport teacher and have their name recorded on the Non-Sport roll.

Students who become ill during the sports session should report to the office as per usual procedure. In the event they are unable to continue their studies at school, parents will be contacted by the administrative staff.

Staff Allocation

Teaching staff are to be allocated to various sports at the discretion of the Sports Organiser. During each term, staff will be required to make three selections for preferences of sport allocation. It is mandatory that one school sport is selected by each staff member. Where possible, staff members will be rotated around a variety of sports. However, some sports require specialist training and expertise and these will be staffed accordingly. These sports will not operate on the above rotation. Staff seeking special consideration should make an application to the Sports Organiser. Hence, staff allocation to school sport will be influenced by the following factors:

- Interest
- Expertise of staff
- Qualification of staff
- Nature of the activity
- Activities involving water require a member of staff with current CPR and emergency care certification
- All other activities require staff to have a current emergency care certificate
- Staff-to-student ratios for each sport are determined by the *Guidelines for the Safe Conduct of Sport and Physical Activity in Schools* (DET - 2003).

While sport allocation may be influenced by the aforementioned factors, the distribution of sports over the 4 terms is determined by:

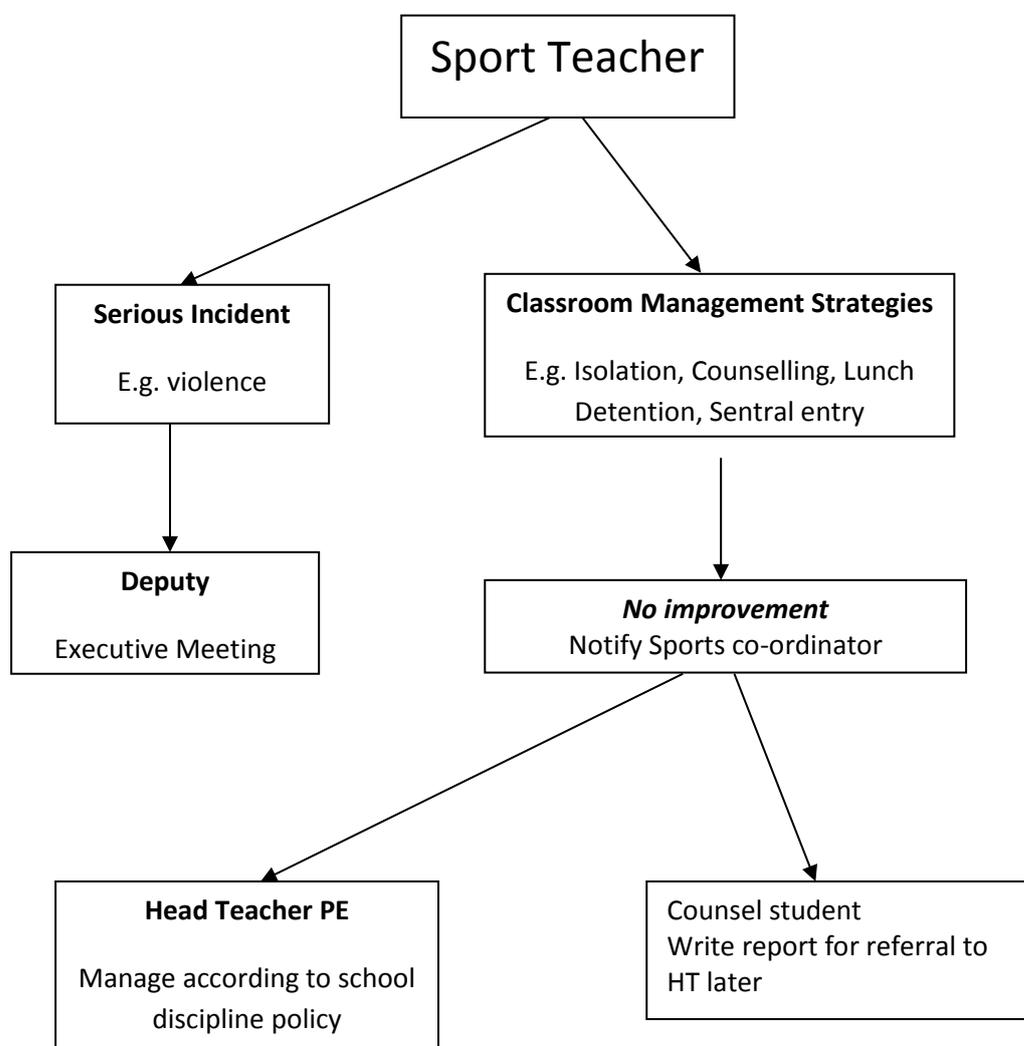
- Spread of selection of sports by the student body
- Desire to give all staff the opportunity to supervise sports in high demand
- Where there is a disparity between student selection and staff choices, student selection will take priority
- Every effort to accommodate staff choices over the 4 terms will be made.

Staff Responsibility

The success of sport in a school is largely determined by the contribution of each teacher. Staff should make sport meaningful and worthwhile by:

- Being actively involved (through participating, refereeing, instructing, coaching etc.)
- Encouraging active participation by all students
- Organising alternative or modified activities for less skilled students
- Showing an interest in the sport and student performances
- Preparing a series of wet weather activities.

It is the responsibility of each teacher to maintain discipline at his or her sport. Staff should not seek to pass this responsibility onto the Sports Organiser for minor indiscretions. Serious breaches of discipline should be reported immediately to the Deputy Principal. The following flow chart should be followed in regards to student disciplinary issues:



Dismissal Times

Students are not to be dismissed early from school grounds or the scheduled finishing time at a non-school venue. All students are return to the school grounds and be dismissed no earlier than 3.00pm. If a student has permission obtained from the parents/caregivers prior to the commencement of sport that day, the student may be permitted to stay at a non-school venue at the discretion of the Sports Organiser.

Non-Staff Sport Supervisors

Where non-staff member assists in providing instruction and supervision of a particular sport (e.g. diving, gymnastics), a staff member must take overall responsibility for the supervision of students.

Sport Rolls

Rolls are compiled at the start of each sport block and are finalised by Week 2 each term. All students must have their name recorded on a roll.

Students are not permitted to make changes to any roll. The Sports Organiser is the only person that will make alterations to the roll and if doing so will make and initial the change on the roll. Teaching staff are not to make changes at any time unless otherwise instructed by the Sports Organiser.

The Sport Roll will be marked by the supervising staff member before, and at the end of, the sports session. A list of absentees from sport must be returned to the main office for processing at the end of sport. All rolls must be returned to the front office and are to be collected by the Sports Organiser to allow for immediate checking and to monitor student absences. Any unexplained absences are to be investigated by the Sports Organiser and the Head Teacher Administration where appropriate.

Student Participation & Exemption

All students in Years 8-10 are required to participate in sport on Wednesday with the following exceptions:

- Students with an illness or injury may, with an appropriate note explaining the reasons for the absence signed by parents, be excluded from sport on that day. Students falling into this category must first report to the Sports Organiser who signs the note and directs students to the Non-Sport area for private study. This study may include reading, writing or working with computers. A roll class will be kept of this group each week with repeated attendees being monitored.
- Students will not be given exclusion from sport for reasons concerning catching up with school work and doing assignments. Students arriving at school with notes of this type will be directed to their allocated sports group.
- Those students who are expected to miss sport for an extended period must furnish appropriate certification from relevant medical practitioners. Students in this category must still report to the Non-Sport area as designated, with the exception of those students whose illness is of such a nature where attendance is detrimental to their condition. Students who have a long term illness or injury which has prevented them from participating in lessons for a period of time, may apply to the Principal for exemption from the Non-Sport requirements and be permitted to complete private study during the allocated sport periods.

Student Sport Selections

Sports selection sheets will be issued to students before the start of each term and therefore students will need to select four times. It is the student's responsibility to acquire a selection sheet, even though they will be distributed to all students involved at the same time. Year groups will meet at designated times to make selections. Upon being confirmed in a sport, students then have a responsibility to return the signed permission note indicating that their parents agree to the sports selection that has been made. Students will be afforded one opportunity to change sports after which the sports rolls will be finalised. No changes will be made once the rolls have been created. Students will be encouraged to select a different sport each term.

Specific Focus Sports

Specific focus programs (e.g. aquatic activities, physical activities conducted outside school grounds and contact sports) require parental permission for students to participate. The school will inform parents and caregivers about location, costs, mode of transport and supervision arrangements and activity to be undertaken through sport specific permission notes.

Payment Sports

Sports requiring use of buses for the duration of the term require students to submit both the payment and permission notes before the commencement of term. These payments will be taken at the Student Office. Failure to pay for bus use in advance to participation will result in those students being placed onto a non-paying school sport.

Sports requiring a weekly payment may be asked to pay that cost before the commencement of that term's sport before being able to participate in that particular sport. Other sports may require students to bring money on a weekly basis to pay the venue directly. Students who fail to remember their weekly payment will be placed onto Non-Sport.

Travel & Transport

All sports offered will have specific travel arrangements attached to them. As a general rule students will not be permitted to travel directly to the sports venue.

All sports will meet at school, where rolls will be marked and students will depart to the sports venue under direct teacher supervision. If travelling by bus, students will travel under the supervision of staff while on the bus. If the sports venue is within walking distance of the school, the group will travel to the venue under direct supervision of allocated staff. If at school, students are to meet the staff at the quad following the sports assembly.

Student Safety

All staff should be aware of the departmental requirements in relation to child protection, including mandatory reporting, apply while they are supervising any type of school activity.

Environmental conditions, both hot and cold, can affect the student's safe participation in sport. The wearing of a hat and regular fluid replacement is important during any physical activity, particularly in humid environments.

Staff travelling to sport at a venue away from school should have access to a form of communication back to LHS (mobile phone) and a basic first aid kit. The staff member is to assess the situation and to

call emergency services if deemed necessary, and inform the school of the situation as soon as possible.

Wet Weather

When wet weather intervenes prior or during the conduct of the normal sports session, the following general principles shall apply:

- All indoor sports, whether at or away from school, shall go ahead as normal.
- Outdoor sports will go ahead depending on a grounds inspection by the supervising teacher. Should the venue be unsuitable, the teacher will take the group to a classroom for alternative wet weather activities.

Sports Uniform

Students are required to dress appropriately for the sport they are playing. The minimum standard of dress is correct sports uniform which students may wear on sports day. Students who are not correctly attired should be reported to the Sports Organiser. Students who wear specialist clothes, e.g. board shorts for their participation in surfing, must change from these clothes on return to school.

REPRESENTATIVE SPORT

Zone Competitions

Lambton HS will provide the opportunity for as many students as possible in Years 7-8 to compete in Zone competitions throughout the year. These opportunities will depend on the format of Gala Day competitions determined by the City Zone Sports Association. Wherever possible the school will support these competitions with teams in all divisions as well as entering teams in combined carnivals in Swimming, Athletics and Cross Country. Students in Years 9-10 will only be able to represent the school in CHS sanctioned competitions due to the crowded nature of the curriculum.

CHS Competitions

A wide range of competitions are offered by the NSWCHS Sports Association each year. When entering teams the school consider a number of factors before nominating to participate. These factors will include the interest of students, the availability of staff willing to coach and manage teams, the safety of students participating in the sport and the school's priorities.

These competitions provide challenging and worthwhile experiences for students and participation will be encouraged at all times. These competitions also develop school spirit and success brings prestige upon the wider community stage.

All teams entered in CHS competitions must be prepared to undergo a training program prior to and during competition to ensure effective preparation. Students who participate in these teams are also required to wear the appropriate LHS team uniform where applicable.

Staff Responsibility

Ideally the nominated coach/teacher should have a coaching qualification in that sport and, as required by the DEC, must have up to date CPR and emergency care training. Staff members responsible for sporting teams are also required to follow all procedures set out in the Excursion Policy

(e.g. permission notes, calendar entry, private transport forms, buddy extras) and are responsible for the safety and well-being of participating students.

Importantly, staff members are responsible for the distribution and collection of the team uniforms provided by LHS. Prior to attending the sporting event, staff are required to sign for team uniforms at the PDHPE staffroom with the Head Teacher PDHPE or the Sports Organiser. Due to the limited amount of funding received in the PDHPE Faculty, staff must be diligent in distributing and collecting all team apparel as it too costly to replace items. Staff must also take responsibility for the washing and returning of all uniforms. Allowing students to take home uniforms to wash has resulted in a loss of team apparel. Once washed, staff are able to sign and return the borrowed uniforms.

School Representative Sporting Team Selection

Annually a large number of students undergo trials to gain selection in school based representative teams. We encourage as many students as possible to do so with the aim of maximising the opportunity for students to participate as well as providing a depth of talent that ensures longevity for particular sports within the sports program. For a student to gain selection they must attend the team trial (unless on other school business), must be competent and have knowledge of the rules and game play of the sport, must display the accepted values of the school and sport all times and must be making satisfactory progress in both their academic and other aspects of school life. There is opportunity for team coaches to add players to squads should unavailability become an issue or to remove players should behavioural or other issues arise.

Exclusion of Students from Sporting Teams

The school takes great pride in the way that Lambton HS teams participate in NSWCHS knockout and City Zone competitions. Students who display disrespect to officials, other players, other staff or the general public while representing Lambton HS may be excluded from further representation. This exclusion may be for the period of the competition or for longer, based on the seriousness of the indiscretion. In some instances the student will be subject to the school's discipline procedures.

SPORTS CARNIVALS

Annual carnivals are held in Swimming, Athletics and Cross Country running. These are held on a House competition basis and students compete for Championships on an age basis. Some non-championship events are conducted on a year-by-year basis. Where possible some novelty events may be conducted to encourage participation by less motivated or capable students.

For each carnival a winning House will be determined by a combination of entry points awarded for participation as well as points awarded for student results. Points can also be earned for houses throughout the year through the Commendation System, whereby staff reward students that display a positive attitude towards academic work or citizenship. The winning House of each carnival and the House with the most points from all three Carnivals and Commendations will be awarded with the perpetual trophies at the end of year Sports Presentation.

Students will be selected from these Carnival results to represent the school at the City Zone Carnival. Attendance is compulsory at school Carnivals and staff should work to maximise participation. Students should be encouraged to wear House colours to these whole school events.

Sport House Structure

The student population is divided into one of four sports houses dependant on the first letter of their surname:

- Bradman: A-D (Green)
- Freeman: E-K (Yellow)
- O'Neill: L-Q (Blue)
- Rafter: R-Z (Red)

Selected staff members will also be allocated to Houses, depending on the first letter of their surname. These staff will be known as House Patrons. All staff are encouraged to embrace the House themes and wear the colours of their respective Houses to Sport Carnivals.

Sport House Captains

Each House will have a male and female House Captain. Students will be selected from Year 11 and those eligible will be nominated by the Sports Organiser, taking into account qualities such as school involvement, range of sports played, sporting ability, ongoing commitment to school sport and the demonstrated ability to meet the demands of the position. Year 11 students may nominate candidates for consideration from within their cohort. Once nominations have been collated (2-3 candidates from each house in each sex), the Sports Organiser / House Patron will convene a voting panel. This panel will be made up of the student members of each House. Students with the highest number of votes will be determined as House Captains for the period of one year.

ANNUAL SPORT PRESENTATION

The Annual Sports Presentation Assembly will be held during second last week of Term 4 to recognise the achievements of individual students and teams who have represented the school. Awards are to be presented at this function in line with the guidelines outlined below. All awards are open to all students. No awards outside the two major ones are sex specific. The philosophy of the presentation ceremony is to recognise significant performances of students in all school based sporting pursuits. All award winners are presented with a certificate as well as a trophy/medallion prize if applicable. Ultimately, the presentation of each of these awards on an annual basis is at the discretion of the Sports Organiser, Head Teacher PDHPE and the Principal.

Sportsman & Sportswoman of the Year

A perpetual trophy is presented to the male and female regarded as the best performed all-round sportspeople during the year. The successful sportspeople must be in Year 10 or above and will be recognised on the appropriate honour board. Students are identified for this award through acquiring points which are tallied across the year in all areas of participation, including Hunter SSSA, NSWCHS, NSW All Schools, School Sport Australia, Age Champions and Lambton HS School Team representation. The points system used to identify the potential award recipients is as follows:

- Lambton HS Sport Team – 1 point per team represented
- Age Champion – 1 point per age championship
- Hunter SSSA – 3 points per Hunter SSSA team represented
- NSWCHS – 4 points per NSWCHS team represented

- NSW All Schools – 5 points per NSW All Schools team represented
- School Sport Australia – 6 points per School Sport Australia team represented

This point system acts as a guide to establish the top performing all-round athletes of the year. Once the best performing students have been identified in each sex, the Principal, PDHPE Head Teacher and Sports Organiser will use their judgement to determine which students best meet the criteria of being awarded Sportsman and Sportswoman of the Year. The final selection criteria used to determine the Sportsman & Sportswoman of the Year includes:

- Having continually represented Lambton HS over a number of years with distinction in their chosen sporting pursuits.
- Displaying a high level of excellence and dedication towards their chosen sporting pursuits.
- Upholding the values and integrity of Lambton HS at all times.
- Demonstrating a high level of application towards their academic studies.
- Displaying exemplary behaviour while at school and representing in their chosen sport/s.

Lambton High School Sporting Service Award

A certificate may be awarded to those Year 12 students who have achieved at a high level in their chosen sport and have contributed to the Lambton HS sporting program. To be eligible the student must have effectively addressed a range of the following criteria (*note: students do not need to meet all criteria descriptors*):

- Achieved school and/or non-school sporting association representative status at a District/Hunter Regional level or equivalent in their chosen sport (e.g. Hunter SSSA, City Zone SSSA, Hunter Academy of Sport).
- Continued representation of Lambton HS in NSWCHS Knockout and Gala Day Teams in junior years of study.
- Representation of Lambton HS in a NSWCHS Knockout Team during their senior years of study (10-12) and demonstrated leadership qualities.
- Achieved Lambton HS Age Championships in Whole School Sporting Carnivals.
- Officiated at NSWCHS, Hunter SSSA, City Zone SSSA and other gala day events.
- Displayed positive sportsmanship, school spirit, dedication to their sport and have been a positive role model for all students.
- Students must have filled out the Year 12 Sporting Awards Nomination Sheet (mandatory).

Lambton High School Sporting Blue

A medal and certificate may be awarded to those Year 12 students who have excelled in their chosen sport. To be eligible the student must have effectively addressed a range of the following criteria:

- Achieved school and/or non-school sporting association representative status at a State level equivalent (or above) in their chosen sport during their senior years of study (e.g. NSWCHS, NSW All Schools, NSWIS, School Sport Australia).
- Continued representation of Lambton HS in a NSWCHS Knockout Team during their senior years of study and demonstrated leadership qualities (where applicable).
- Displayed positive sportsmanship, school spirit, dedication to their sport and have been a positive role model for all students.

- Students must have filled out the Year 12 Sporting Awards Nomination Sheet (mandatory).

Basketball Player of the Year

A medal may be awarded to the player considered as the most outstanding from the Basketball CHS knockout teams conducted by the school. The student must have displayed superior sportsmanship, ability and school pride.

Touch Football Player of the Year

A medal may be awarded to the player considered as the most outstanding from the Touch Football CHS knockout teams conducted by the school. The student must have displayed superior sportsmanship, ability and school pride.

Ron Proctor MVP Award

A medal may be awarded to the player considered as the most outstanding from the Senior (U16s+) Rugby League CHS knockout teams conducted by the school. The student must have displayed superior sportsmanship, ability and school pride.

Paul Stead Junior Rugby League Award

A medal may be awarded to the player considered as the most outstanding from the Junior (U13-15) Rugby League CHS knockout teams conducted by the school. The student must have displayed superior sportsmanship, ability and school pride.

Sally Richardson Hockey Player of the Year

A medal may be awarded to the player considered as the most outstanding from the Hockey CHS knockout teams conducted by the school. The student must have displayed superior sportsmanship, ability and school pride.

Cricket Player of the Year

A medal may be awarded to the player considered as the most outstanding from the Cricket CHS knockout teams conducted by the school. The student must have displayed superior sportsmanship, ability and school pride.

Tennis Player of the Year

A medal may be awarded to the player considered as the most outstanding from the Tennis CHS knockout competitions when representing the school. The student must have displayed superior sportsmanship, ability and school pride.

Water Polo Player of the Year

A medal may be awarded to the player considered as the most outstanding from the Water Polo CHS knockout teams conducted by the school. The student must have displayed superior sportsmanship, ability and school pride.

Football Player of the Year

A medal may be awarded to the player considered as the most outstanding from the Football CHS knockout teams conducted by the school. The student must have displayed superior sportsmanship, ability and school pride.

Netball Player of the Year

A medal may be awarded to the player considered as the most outstanding from the Netball CHS knockout teams conducted by the school. The student must have displayed superior sportsmanship, ability and school pride.

Softball Player of the Year

A medal may be awarded to the player considered as the most outstanding from the Softball CHS knockout teams conducted by the school. The student must have displayed superior sportsmanship, ability and school pride.

Franklin Trophy for Outstanding Sporting Achievement

A medal and certificate is awarded to the individual who produces the most outstanding sporting achievement for the year. The decision will be determined by a panel including the Sports Organiser, Principal and Head Teacher PDHPE.

Special Mention Awards

An award may be presented to those students who have outstanding achievements in school sport outside of the conventional NSWCHS sport program. These will be determined at the discretion of the Sports Organiser and Principal. This trophy may not be awarded annually but is awarded when a student's school sporting achievements warrant recognition.

Age Champions

Students who win age championships (12-18 yrs) in swimming, athletics and cross-country will receive a certificate.

Hunter SSSA Representatives

Students chosen to represent the Hunter SSSA will be acknowledged with a certificate.

NSWCHS Representatives

Students who represent the NSWCHS will be acknowledged with a certificate.

NSW All Schools and School Sport Australia Representatives

Students who represent the NSW All Schools and School Sport Australia will be acknowledged with a medal and certificate.

Lambton HS Sporting Teams Awards

Lambton HS representative team captains may be presented with certificates on behalf of their teams should their achievements throughout the year warrant recognition. Any team that reaches the

quarterfinal stage of a NSWCHS knockout competition (Top 8) will be acknowledged on the Sport Honour Board in the MPC.

Other categories

Awards to students will be considered by the Sports Organiser from time to time. This provides the flexibility to acknowledge student performances as individual sport structures and representative pathways change. As a basis these awards will be made considering the sports programs conducted by the school under the auspices of the NSW Combined High Schools organisation.